

Frankie Bowl

Served over Jeera Rice and includes a side of Raita.

(All Bowls are Gluten Free) **GF**

Chicken Curry	\$11
Chicken Tikka Masala	\$11.50
Shahi Paneer	\$11 V
Saag	\$10 VG
Saag Paneer	\$11 V
Aloo Gobhi	\$10 VG
Yellow Daal	\$9 VG
Black Daal	\$9 VG
Chana Masala	\$10 VG

A La Carte

(All A La Carte items are Gluten Free) **GF**

	8oz.	16oz.
Chicken Tikka Masala	\$9.50	\$14
Chicken Curry	\$9.50	\$14
Aloo Gobhi	\$9	\$12.50 VG
Saag Paneer	\$9	\$12.50 V
Saag	\$8.50	\$12 VG
Shahi Paneer	\$9	\$12.50 V
Yellow Daal	\$8	\$10 VG
Black Daal	\$8	\$10 VG
Chana Masala	\$8.50	\$10.50 VG
Jeera Rice	\$1.50	\$3 VG

Chicken Tikka / Tandoori Paneer

8pc. \$10 12pc. \$14

Sauces & Chutneys

Raita	\$2.50
Tamarind Chutney	\$2.50
Mint Chutney	\$2.50
Mint Crema	\$2.50
Housemade Hot Sauce	\$1.50
Tikka Masala Sauce	\$2.50

Drinks & Desserts

Mango Lassi	\$4
Chai	\$2.50
Baadmash Oat Milk Chai	\$5
Limca / Thums Up	\$3
Gulab Jamun	\$4

V = Vegetarian

VG = Vegan

GF = Gluten Free

Frankies

Indian Burrito

Choice of any filling below wrapped in a thin Naan with BFC Hummus, filled with Jeera Potatoes, Crisp Cucumbers, Tomatoes, Red Onion, Mint Chutney, Raita, Mint Crema and topped with a Tamarind Drizzle.

(All Vegetarian Frankies can be made Vegan upon request.)

Garlic Naan or Roti... add \$1



Chicken Tikka	\$10.50	
Chicken Tikka Masala	\$11.50	
Tandoori Paneer (Cubed Cheese)	\$10	V
Shahi Paneer	\$11.50	V
Aloo Gobhi (Sweet Potato & Cauliflower)	\$10	V
Crispy Fish	\$14	
Chana Masala (Chickpea)	\$10	V
Vegan (wrapped in a Thin Roti)	\$10	VG
Chicken Curry	\$11	
Deconstructed Frankie (In a Bowl without Bread)	\$10-14	VG GF

Breads

Naan \$2.50 Garlic Naan \$3 Paratha \$3
Whole Wheat Roti \$2.50 Tandoori Roti \$2.50

Snacks

Chaat	\$6.50	V
Beef Samosa	\$3.50	
Veg Samosa	\$3	VG
BFC Hummus & Papdi (Chips)	\$5	V
Jeera Potatoes	\$3	VG GF
Fish Pakora	\$6	GF
Pakora (Cauliflower Fritters)	Sm \$4 Lg \$6	VG GF
Besan Fries	Sm \$4 Lg \$6	VG GF
Chana Smothered Samosa	\$7	V

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